



Parkland

### **Committee on Practitioner Peer Review and Assistance (COPPRA)**

- Formally-constituted peer review committee
- Addresses practitioner health and rehabilitation issues
- Proceedings/decisions protected from disclosure
- Referrals/interactions are held in confidence
- Advocacy for cooperative practitioners (rehabilitate, rather than punish)

Following treatment, assists in resumption of his/her medical career

#### Two-fold Purpose:

- Ensure that no patient is injured as a consequence of practitioner impairment and/or disruptive behavior.
- Ensure that the affected practitioner receives rapid/effective/confidential treatment.
  - Impairment includes physical, organic/mental, psychological, or addictive disorders.
  - Disruptive behavior includes any behavior that may include verbal or physical harm or threat thereof, behavior that disrupts the efficient delivery of health care to all patients.

#### Clues of Alcoholism Drug Addiction

- Working hours become irregular and inefficient
- Difficulties in diagnosis and management of patients
- Abnormal behavior during rounds
- Embarrassing/unpredictable behavior
- Hostile behavior to patients/staff
- Inappropriate orders
- Depression
- Mood swings
- Poor concentration
- Deterioration in personal hygiene
- Isolation, withdrawal from activities
- Self-prescribing

Referring a colleague is not betraying a trust, but acting responsibly to contain and prevent the problem of impairment. You are saving a career, possibly a life, not ending it.

#### **COPPRA MEMBERS**

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